

Team Build Session - One Day

The aim of this bespoke event is to enable teams to work more effectively together, break down communication barriers and build trust and understanding. The day can be tailored to a specific teams needs. The outline below provides an example content for a days session.

This event is tailored to a team so a full needs analysis is completed on booking of the Team build. The facilitator works with the Manager to design the day and sets up post team build activities to support progress during the day.

Managers often find this type of event valuable when their team/organisation has been through a period of change or when the team could work more effectively together.

Typical Content

- SWOT analysis and action plan
- Understanding Self and Others - Team and Individual Styles explored
- Celebrating Success/Overcoming obstacles
- Problem Resolution activities
- Trust Building Activities
- Vision, mission and team identity
- Communication – how and when?
- How will the team support each other?
- Action Plan, Learning Review and Evaluation

