# Leadership Models and Styles - One Day Workshop

This one day workshop is designed for anyone in a Leadership role or considering one. The workshop allows you to take a step back from day to day management and indulge in exploring your own style as a Leader. Completion of questionnaires supports exploration of your own preferred style, whilst group activities and discussions will broaden your options on Leadership behaviours.

The models enable you to gain a fresh perspective on your preferred style and explore alternatives. The day concludes with an action plan to implement on return to the workplace.

#### Content

### **Exploring Leadership**

- What makes a good Leader
- The purpose and responsibilities of management
- Management vs. Leadership

## **Action Centred Leadership**

- The relationship between task, team and individual
- The 8 Functions of Leadership
- Exploring your own style
- Applying Action Centred Leadership to your role
- Setting SMART goals

#### **Situational Leadership**

- Instructing, supporting, coaching and delegating and how to apply these models?
- Exploring your own style
- Flexing your Leadership style to achieve objectives

## **Team Development**

- What makes a group of people into a team?
- Tuckman's team development model and the link to Leadership styles
- Understanding team roles and dynamics

#### **Action Plan**

Reflect on learning and plan how to implement learning

